

# FOUNTAIN CENTERS

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*A Mayo Clinic Health System program for substance abuse and addiction*

## **ASSESSMENTS AND SCREENINGS**

The first step in accessing services at Fountain Centers is to complete a screening or a chemical use assessment to determine the appropriate service.

***Chemical Use Screening:*** A chemical use screening will be conducted per a request by a concerned person whether it is in regards to their own chemical use or a family member seeking to identify available resources. This brief screening includes a 15-20 minute face-to-face or telephone interview and a discussion of recommendations. The outcome of this interview does not include a diagnosis or a written report. Due to the brevity of the chemical use screening, there is no charge and a full assessment will need to be completed to arrange for admission into treatment.

***Chemical Use Assessment:*** A chemical use assessment entails a face-to-face interview with a qualified professional. Lasting from 1-2 hours, the chemical use assessment will result in specific recommendations, a diagnosis (or no diagnosis if the person does not meet the criteria) and education to the individual regarding the “next step”. Should the individual demonstrate an interest and qualify for treatment, the counselor completing this assessment will aid the individual in arranging admission to an appropriate program. An assessment summary, which includes a brief description of the individual’s bio-psycho-social history, chemical use history, collateral information, diagnosis and recommendations, will be provided to the referral source and the individual upon request and payment for the service. There is a cost for this assessment.

***Rule 25 Assessment:*** All Minnesota residents age 17 and younger qualify for this type of an assessment to determine the level of care needed for treatment. Minnesota residents age 18 and older may qualify based on their income. This assessment is completed through the county of residence and the county’s Rule 25 assessor or an approved provider. Most often, an individual seeks this type of an assessment when they do not have health insurance or lack financial assistance to pay for treatment. The county assessor will assist with placing the individual in an appropriate treatment facility.

***Contact information to complete an assessment:***

Des Moines Valley Health and Human Services

Cottonwood and Jackson Counties  
Intake, 507-847-4000 or 507-831-1891  
Rule 25 Assessor

Fountain Centers in Fairmont 507-238-4382

MN Prairie County Alliance

Community Services of Dodge, Steele and Waseca Counties  
Erin Sime, 507-837-6687  
Amanda Halvorsen, 507-431-5762  
Rule 25 Assessor

Fountain Centers in Owatonna 507-451-0511  
Fountain Centers in Rochester 507-252-0818

Faribault County:

Faribault County Human Services  
Jennifer Hartman, 507-526-3265  
Rule 25 Assessor

Fountain Centers in Fairmont 507-238-4382

Freeborn County:

Freeborn County Human Services  
Joe Petersen, 507-377-5484  
Rule 25 Assessor

Fountain Centers in Albert Lea 507-377-6411

LeSueur County:

LeSueur County Human Services  
Shari Solheim, 507-357-8281  
Rule 25 Assessor

Fountain Centers in Faribault, 507-334-6413  
Fountain Centers in Mankato, 507-625-3372

Martin County:

Martin County Human Services  
Nicole Anderson, 507-238-4757  
Rule 25 Assessor

Fountain Centers in Fairmont, 507-238-4382

Mower County

Independent Management Services, Inc.  
507-437-6389

Fountain Centers in Austin, 507-434-1890

Nicollet County:

Nicollet County Human Services  
Nicole Cole, 507-934-8571

Fountain Centers in Mankato, 507-625-3372

Nobles County:

Nobles County Human Services  
Krysta Anderson, 507-295-5213  
Kristin Habben, 507-295-5213  
Rule 25 Assessors

Olmsted County

Olmsted County Social Services, 507-328-6400

Fountain Centers in Rochester, 507-252-0818

Rice County:

Rice County Human Services  
Cindy Selvik, 507-332-6115  
Rule 25 Assessor

Fountain Centers in Faribault, 507-334-6413

\*For more CCDTF Rule 25 Referral Numbers go to this link on the state Alcohol and Drug Abuse Division website: <https://edocs.dhs.state.mn.us/lfserver/Public/DHS-5685-ENG>